

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including: mental health services, residential and outpatient substance use programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery, and more.



## GLRC Mission

To empower recovery through hope and change

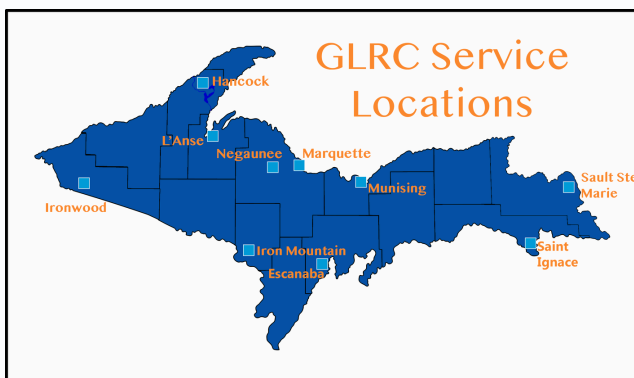
## Core Values

We value:

- care, respect, and empathy for all people
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable and trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

## Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (906)228-9696.



[www.greatlakesrecovery.org](http://www.greatlakesrecovery.org)



## Women's Residential Treatment



Creating Healthy Communities  
One Person at a Time

# – Women’s Residential Treatment –

## About Residential Services

Residential substance use treatment refers to a short-term (30 day) or long-term (more than 30 day) arrangement, where clients live in a therapeutic environment for individuals living in recovery. Staff are committed to helping residents gain life skills, make healthy decisions, and strengthen their recovery.

## Individual Treatment

Each client is assigned a counselor who provides one-on-one services and meets frequently with them throughout their stay. Counselors help residents identify their personal strengths and establish/maintain support systems they will need in order to live in recovery.

## Family Program

Specially furnished suites accommodate clients with dependent children (up to age 11). During the academic year, busses transport clients’ school-age children to and from school and on-site care is provided for younger children while their mothers are in groups. Parenting classes are offered to mothers with children of all ages. We work to connect clients with necessary services including OB/GYN and pediatric referrals, WIC, DHHS, vocational services and more.

## Group Therapy

Group therapy sessions are facilitated by qualified staff members and conducted daily. During these sessions, clients focus on acquiring new living skills and learning to put them into practice.

## Transition Planning

From the first day of treatment, residents are planning for their return home. Our goal is to help everyone obtain access to the care and assistance they’ll need, including employment, housing, family support and follow-up medical and/or behavioral health services.

## Social Detox Services

All adult residential services sites offer Social Detox Services to medically stable clients as they withdraw from alcohol or drugs. Extensive monitoring and care is provided for these clients. Services are intended for individuals experiencing “sub-acute detox” to reside for a shortened time frame. Sub-acute detoxification refers to clients who are experiencing intoxication or withdrawal symptoms that are severe enough to cause impairment, but are not so severe that they require medical attention.

## Community Involvement

We believe in the healthy effects of giving back to the community and helping others. Our clients participate in a wide variety of civic and charitable activities during treatment.

## Locations

### Teal Lake Residential

100 Malton Rd., Negaunee, MI  
(906) 458-2347

### Women’s New Hope House

2655 Ashmun Street, Sault Ste. Marie, MI  
(906) 632-2522

# Other Services

GLRC offers a wide variety of behavioral health services across our locations. Other services provided by the agency include:

## Medical Services

Medical Programs are staffed by physicians, nurse practitioners, and physician assistants who can provide medication assisted treatment along with treatment for health conditions, preventative care, education on health topics, and minor office procedures. For more information call (906) 228-9696.

## OS Reentry Services

GLRC works with returning parolees in the UP to assist with the transition back into the community through our program of resources and case management services. For more information call (906) 458-0616.

## Peer Recovery Services

Peer Recovery focuses on providing an environment where individuals who are living in recovery work with those who are currently receiving treatment for SUD. For more information go to [www.greatlakesrecovery.org/peer-recovery](http://www.greatlakesrecovery.org/peer-recovery).

## Group Offerings

GLRC offers many different counseling groups across the Upper Peninsula. The groups vary in topics, but all share the same mission to educate and aid in the recovery process. Contact your local Outpatient Services office to learn about the groups near you.

## Recovery Housing

Recovery housing provides structure and support for those living in recovery and allows a safe environment for individuals to continue to heal from the impacts of addiction. For more information call (906) 228-9696.

## Veterans Services

GLRC provides readjustment counseling services and a specialized group for veterans in the community. GLRC also works closely with the VA to provide homeless veterans with a place to stay. For more information call (906) 485-2347.

