

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including: mental health services, residential and outpatient substance use programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery, and more.



## GLRC Mission

To empower recovery through hope and change

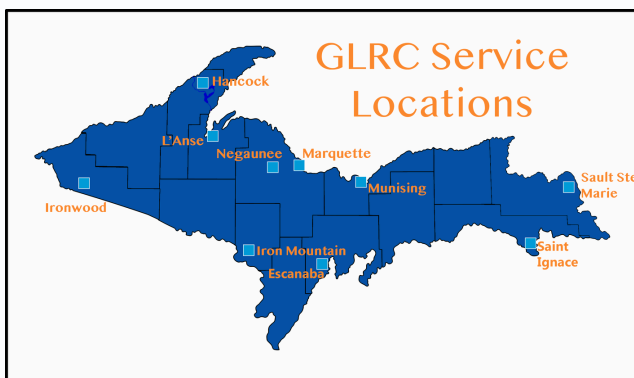
## Core Values

We value:

- care, respect, and empathy for all people
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable and trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

## Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (906)228-9696.



[www.greatlakesrecovery.org](http://www.greatlakesrecovery.org)



## SUD Services



Creating Healthy Communities  
One Person at a Time

# Substance Abuse Services

## Outpatient Services

Great Lakes Recovery Centers (GLRC) has nine outpatient services offices across the Upper Peninsula. Outpatient services are then first option for those who need the freedom to continue working or attending school and are used as follow-up for those clients who have completed residential services.

## Adult Residential Programs

GLRC has four residential centers for adults, one in Marquette, one in Negaunee, and two in Sault Ste. Marie. Residential treatment allows clients to live in a therapeutic environment, alongside other clients with 24-hour supervision and access to on-site clinicians.

Residential treatment usually includes an assessment of physical and mental health, coordination of medical services, individual therapy with a designated counselor, an individualized treatment plan, and transition planning.

## Adolescent Services Center

Adolescent Services Center (ASC) provides residential treatment for youth between the ages of 12 and 17. ASC believes in a holistic approach to substance abuse treatment and works individually with each client to create a personalized plan with a variety of evidence-based substance abuse and relapse prevention materials. A year-round classroom is taught by a state certified teacher who meets each child's educational needs. Clinets take part in weekly recreational activities, community service projects, gardening, and much more. In addition to individual and group counseling, ASC clients also take part in family therapy, music therapy, and equine therapy. Residents have the opportunity to express themselves through various means such as art, photography, Native American programs, mediations, yoga, faith-based counseling, and more.

## AcuDetox

The adult residential facilities, along with a number of outpatient offices offer AcuDetox as another pathway to recovery.

## Social Detox

All four of the adult residential services offer Social Detox services to medically stable clients as they withdraw from alcohol or drugs. Extensive monitoring and care is provided for these clients.

## Women & Family Services in Residence

Women's New Hope House in Sault Ste. Marie has specially furnished suites to accommodate clients with dependent children up to age 11. School aged children are bussed to school, while on-site care is provided for younger children. Parenting classes are offered for mothers with children of all ages.

## Women & Family Services

Women & Family Services provide specialized case management by a certified Women & Family Specialist for all clients in Marquette County. This casement addresses housing, legal issues, finances, education, medical referrals, and parenting classes. The program is designed to help meet the unique needs of women in the Substance Use Disorder treatment setting.

## Group Therapy

A variety of outpatient groups are held weekly at many of our Outpatient Services offices.

## Recovery Housing

GLRC offers recovery housing for women in Negaunee and L'Anse and recovery housing for men in Marquette and Sault Ste. Marie. This provides structure, support, and a safe environment for individuals living in recovery.

# Other Services

GLRC offers a wide variety of behavioral health services across our locations. Other services provided by the agency include:

## Foster Care

GLRC's MDHHS Regional Resource Team provides information about becoming a foster parent, supports current foster parents, and provides comprehensive training for those interested in becoming foster parents. For more information call (906) 517-8733.

## OS Reentry Services

GLRC works with returning parolees in the UP to assist with the transition back into the community through our program of resources and case management services. For more information call (906) 458-0616.

## Peer Recovery Services

Peer Recovery focuses on providing an environment where individuals who are living in recovery work with those who are currently receiving treatment for SUD. For more information go to [www.greatlakesrecovery.org/peer-recovery](http://www.greatlakesrecovery.org/peer-recovery).

## Prevention Services

GLRC facilitates both substance abuse and suicide prevention programming throughout the UP. Prevention Specialists go into the community to offer evidence-based programming to schools, courts, CPS, and businesses. For more information call (906) 458-2627.

## Veterans Services

GLRC provides readjustment counseling services and a specialized group for veterans in the community. GLRC also works closely with the VA to provide homeless veterans with a place to stay. For more information call (906) 485-2347.