

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including: mental health services, residential and outpatient substance use programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery, and more.



GLRC Mission

To empower recovery through hope and change

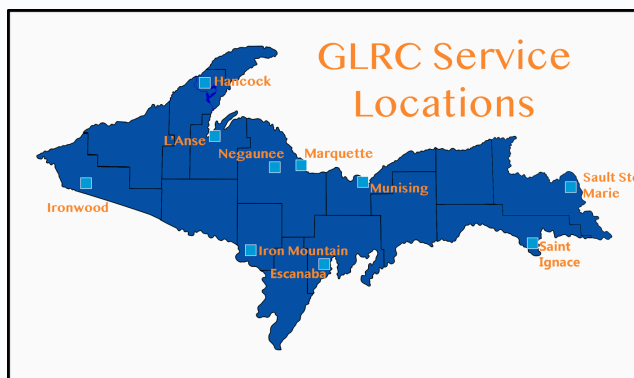
Core Values

We value:

- care, respect, and empathy for all people
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable and trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (906)228-9696.



www.greatlakesrecovery.org



Outpatient Services



Creating Healthy Communities
One Person at a Time

Outpatient Services

Great Lakes Recovery Centers (GLRC) has multiple Outpatient Services offices across the Upper Peninsula.

A variety of services happen through the Outpatient Services offices. These include: individual and group counseling, peer recovery, prevention services, and OS Reentry programming.

Outpatient services are the first option for those seeking counseling, but need the freedom to continue working or going to school. Outpatient services are also used as follow-up for clients who have completed residential services.

Substance Abuse Services

GLRC offers Substance Abuse Disorder (SUD) services at our outpatient offices. These services provide flexible, comprehensive treatment options for individuals struggling with SUD. These services include assessments, individual counseling services, links to community resources including Alcoholics and Narcotic Anonymous, court and DMV assessments, and services specifically designed for women and families.

Mental Health Services

Mental Health Services are offered in a number of our outpatient services locations. Clinicians are trained to recognize and personalize a treatment plan for adults, adolescents, and children troubled by anxiety or depression, stress conflicts or relationship difficulties, trauma or abuse (PTSD), attention, conduct and educational issues, sexual disorders and addiction, and other issues.

Women and Family Services

Women and Family Services provide specialized case management by a certified Women and Family Specialist to all clients in Marquette County. This case management addresses housing, legal issues, finances, education, medical referrals, and parenting classes.

Funds are available to help with needed expenses including diapers and other essentials, and in some cases gas.

Peer Recovery

Peer Recovery coaching is a peer-based addiction and dependency recovery support service. It is non-clinical and nonprofessional and can be implemented concurrently with professional clinical services. Peer interventions have shown to improve engagement and retention of people seeking services and are effective in reducing incidents of return to use. Peer recovery coaches are available free of charge in public or at the peer recovery drop-in locations at various outpatient offices.

Group Therapy

A variety of outpatient groups are held weekly at many of our Outpatient Services locations. These groups provide a non-judgmental setting for individuals struggling with substance abuse. GLRC also facilitates AA and NA meetings at many of our outpatient offices.

Other Services

GLRC offers a wide variety of behavioral health services across our locations. Other services provided by the agency include:

Group Offerings

GLRC offers many different counseling groups across the Upper Peninsula. The groups vary in topics, but all share the same mission to educate and aid in the recovery process. Contact your local Outpatient Services office to learn about the groups near you.

Peer Recovery Services

Peer Recovery focuses on providing an environment where individuals who are living in recovery work with those who are currently receiving treatment for SUD. For more information go to www.greatlakesrecovery.org/peer-recovery/.

Prevention Services

GLRC facilitates both substance abuse and suicide prevention programming throughout the UP. Prevention Specialists go into the community to offer evidence-based programming to schools, courts, CPS, and businesses.

For more information call (906) 458-2627.

Residential Treatment

Clients in residential substance use treatment live in a therapeutic environment alongside other clients with 24-hour supervision and access to on-site clinicians. For more information call (906) 228-9696.

Veterans Services

GLRC provides readjustment counseling services and a specialized group for veterans in the community. GLRC also works closely with the VA to provide homeless veterans with a place to stay. For more information call (906) 458-2347.

Medical Services

Medical Programs are staffed by physicians, nurse practitioners, and physician assistants who can provide medication assisted treatment along with treatment for health conditions, preventative care, education on health topics, and minor office procedures. For more information call (906) 228-9696.