

FY 2023 Annual Report



About GLRC

Great Lakes Recovery Centers, Inc. is a non-profit non-denominational, 501 (c) (3) organization offering a diverse range of services. GLRC is licensed as a substance use disorder treatment facility by the State of Michigan and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities) and is HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of clients. GLRC recovery residences are MARR (Michigan Association of Recovery Residences, Inc.) and NARR (National Alliance for Recovery Residences) certified.

Funding comes from a variety of sources, including fee for service, grants, and donations. GLRC is a partner agency with the United Ways of Marquette County and the United Way of the EUP.

Services offered include a continuum of substance use disorder programming, mental health services, child & adolescent care, integrated medical services, re-entry case management, recovery housing, community based prevention and foster care recruitment and retention. Services are provided by certified counselors and licensed professionals across Michigan's Upper Peninsula.

Mission

To empower recovery through hope and change.

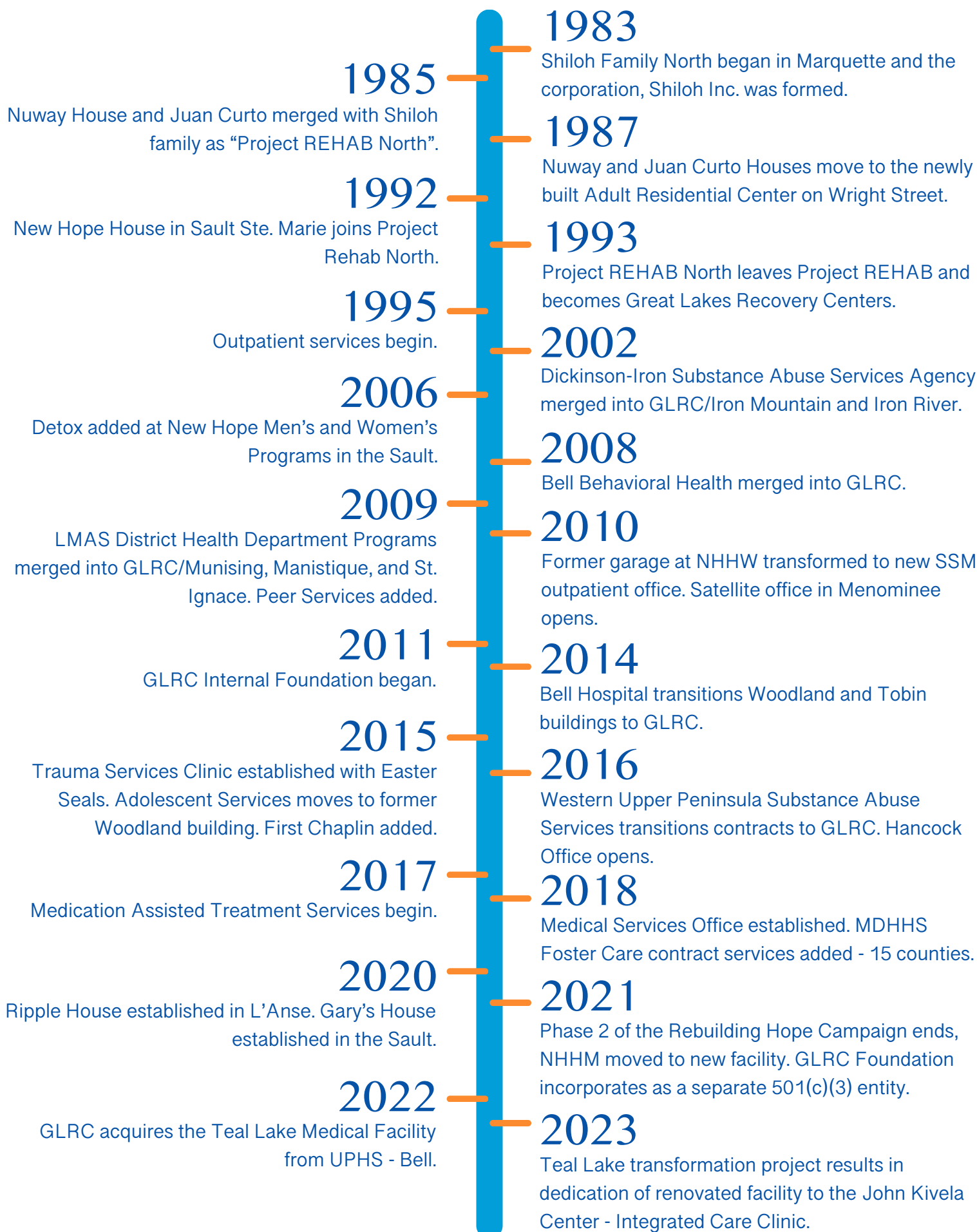
Vision

To create healthy communities one person at a time.

Essential Truth

People are our purpose. Love them all.

Important Dates in GLRC's History



A Message From the CEO

Evolution and the Path Forward

As the FY 2022-2023 drew to a close, GLRC, like most behavioral health organizations in the country, was trying to determine a path forward in a changing market that was dramatically impacted by two years of the COVID pandemic, workforce shortages, changes in client and stakeholder engagement, technological upgrades, the impact of the opioid epidemic, regional methamphetamine impacts, and challenges in the fee structures for services in the State. We also tackled taking steps to further evolve our information systems, both externally and internally. We went forward with the research and commitment to a new payroll system (Paylocity) as well as looking at electronic tools to further integrate our medical services, cyber security, and upgrades to our facilities. These are just to name a few critical areas. But within these challenging times, we cannot let go of our mission and the need to constantly evolve toward our future.



Within historic levels of challenge, there was also historic opportunity, always with Hope to what the future can provide. In the midst of the challenges faced, GLRC was also able to embark on another critical project, the largest to date in our history. In 2020-2021 GLRC under-went the development of our new 19-bed Men's Residential Treatment facility in Sault Ste. Marie, a project involving the transformation of a former catholic church into our new Men's residential facility. In the FY 22-23 year, GLRC was able to acquire the former Teal Lake medical facility in Negaunee, made possible with the collaboration of U.P. Health systems/LifePoint. The former Teal Lake Medical Facility was adjacent to our current Adolescent Residential Treatment facility, (which was seated on 28 acres), which was a prior collaborative project with then Bell Hospital in Ishpeming in FY 2014-15. The design for the new GLRC Integrated Treatment Facility, a 33,000 sq. foot structure, along with 7 acres, was to develop a separate Women's specialty residential treatment program, along

with co-located recovery housing, community-based behavioral health and addiction outpatient services, relocation of our children's specialty services, as well as the relocation and further development of our Integrated Medical Services, with focus on Opioid Health Home and other related programming. This unique opportunity to transform the former Teal Lake Medical facility was made possible through the generous support of U.P. Health Systems Bell and Marquette (LifePoint Health Systems) and the critical funding through director Elizabeth Hertel and the Michigan Department of Health and Human Services. Additionally, The West End Health Foundation, Copper Shores Health Foundation, the Superior Health foundation, along with other private donors, helped us to reach a goal of raising \$3.5 million for the transformation efforts of the facility. Dan Arbic, contractor, provided great support and direction over the renovations of the facility and met the timeline to have the residential components ready for an early fall of 2023 occupancy date. To cap this monumental project, we wanted to help honor the late 109th State Representative, John Kivela, with the naming of the new center to officially become the John Kivela Center. A dedication ceremony was held in late August of 2023 to pay tribute to our former State Representative and his family, along with Director Hertel, her staff, and many key supporters of the project. It was an overwhelming event that highlighted the commitment to the community that was a testament to John and his family's work, as well as meeting the critical need for expanded and integrated care needed for many in the Upper Peninsula. Our doors officially opened to the new Women's specialty residential treatment center in November. A remarkable achievement in such a short time period.

GLRC's evolution as an organization is special to note, as November 3, 2023, marks the beginning of GLRC's 40th year of operation (November 3, 1983). The date is significant as it marked the presence of Project Rehab coming north to Marquette to begin the operation of the Shiloh Family Home for youth, and then the convergence of the two Marquette-based half-way houses, the Joan Curto House for Women and the Nu-Way House for men. Then Executive Director Larry Ziomkowski, brought a critical program to the U.P. from Grand Rapids, and then helped to bring together the cornerstones to what became the modern-day Great Lakes Recovery Centers. Throughout our existence, there has been a spirit of evolution, transformation, and a deep desire to help our clients that has pushed us forward. The path forward to our evolved future involves us both looking back to what brought us together, and looking forward to what are the current needs of our clients and community. Our evolution has brought us from an agency with a primary history of

addiction treatment and recovery services (then half-way houses) to that of a larger behavioral health focus, and then to a platform of integrated, whole-person care. Research, literature, policy, and outcome data all support the benefits of the provision of whole-person care, leading to sustained improvements in health, wellness, and functioning for persons-served. Our organization has taken large steps in the past few years to actualize a GLRC model of whole-person care, with integrated strategies and the alignment of our care components including the development of primary care, addiction medicine, harm reduction efforts, medication assisted treatment, employment and vocation assistance, recovery housing, reintegration programming for returning citizens, community based-prevention programming, and specialty opioid and behavioral health home service. The next steps in our continued evolution is to work more closely on refining our mode for whole person care and look to the future of helping to shape payment reform in the state to assist treatment providers in efforts to gain greater parity and financial stability for the services provided. Our path forward has to include the alignment of both clinical service delivery and financial reform in efforts to sustain service delivery. The fee for service landscape needs to change to help reduce the risk providers face across our State and region.

FY 22-23 was a pivotal year for us in helping to continue our evolution while continuing to be grounded in our mission to help serve our clients and communities in recovery from a spectrum of behavioral health, addiction, and life issues. We look forward to what the next year brings, and help recognize the sacrifices made by so many of our staff and board members that have brought us to our 40th Anniversary. What will the next forty years bring? I am not entirely sure what it will bring, but I do know for sure that our staff and board will continue to focus on mission, evolution, and the commitment to meeting the needs of our clients and community. The cornerstone of what brought us to 40 years will lead the way to our future.

Greg Toutant, CEO

A Message From the Board

It is GLRC's 40th anniversary, and surprise we are changing! Actually, if you have an understanding of the Behavioral Health landscape it is not a surprise. Having been on the board for more than 26 years the one constant I have seen is change. Twenty-six years ago, we were mostly an alcohol rehab program. However, the world has changed and drugs like opioids and methamphetamine have begun to rage. Also, behavioral health has changed to treat the co-occurring problems, not just the addiction. We recognize that without treating the cause of the addiction we can't successfully treat the addiction.



We have also seen our clients have become sicker than in years past. So, what are our big changes? We now have our Teal Lake campus that now houses our John Kivela facility which contains our women's residential facility, our medical facility and a significant portion of our administrative operations. The campus also houses our Adolescent Residential program. This campus was a long-held dream. Now, we have just received a 3.62-million-dollar grant from the State of Michigan to build a totally new Women's Center in Sault Ste. Marie. This will compliment our recent new Men's Residential Center. All of these new facilities position GLRC to be the leader in Behavioral Health in the Upper Peninsula for years to come. To help support all of these efforts the GLRC Foundation has evolved from a committee into a full-blown free-standing entity which will grow over the coming years to be recognized as a funding Foundation for all sorts of future Behavioral Health projects. So, you can see that GLRC continues to morph into a full-spectrum Behavioral Health entity that is continually changing to meet the many different needs of our current and future clients in residential settings, medically, outpatient services and through recovery housing. It is a huge credit to our staff that we can position GLRC to meet all these challenges.

Ray Amtmann, Board President

Grants & Donations

As a 501(c)(3) non-profit organization, funding for GLRC comes from a variety of different sources, including grants and donations. In FY23, GLRC had the incredible honor of being awarded 3 different grants from the Michigan Health Endowment Fund focusing on improved behavioral health resources, the expansion of integrated care, and maternal and infant health. Grants and donations like these are an integral part of enabling GLRC to continue to fulfill its mission of empowering recovery through hope and change.



230

total donations recieved

\$848,538.09

total of donations recieved

10

total grants recieved

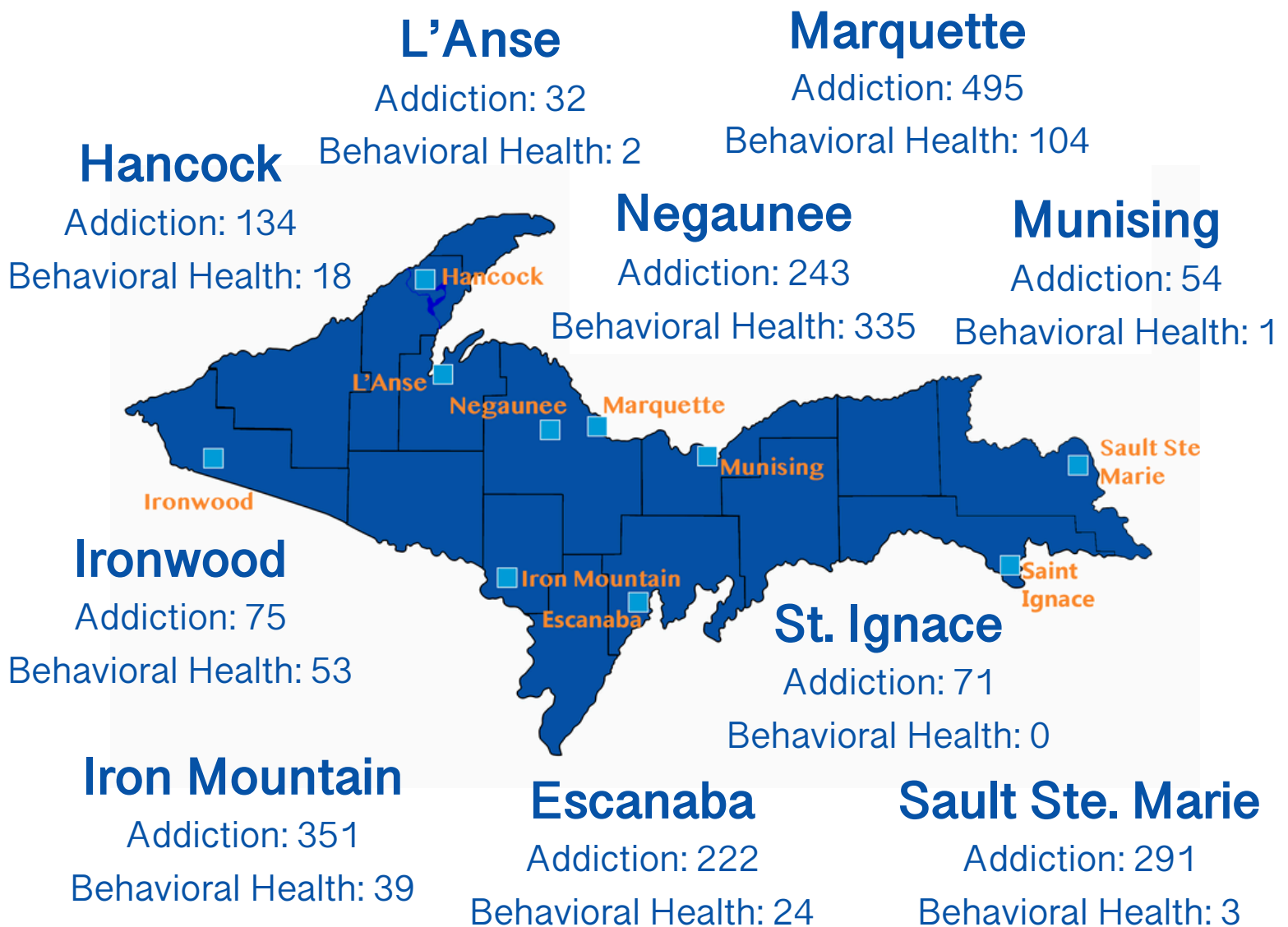
\$576,411

total of grants recieved



Outpatient Services

A variety of services happen through our Outpatient Services offices including substance abuse treatment, mental health counseling, peer recovery, and prevention services. GLRC offers Outpatient Services in Escanaba, Hancock, Iron Mountain, Ironwood, L'Anse, Marquette, Munising, Negaunee, Sault Ste. Marie, and St. Ignace. During FY23, a total of 2,547 clients utilized our Outpatient Services around the Upper Peninsula. Below is a map of our Outpatient Office locations along with their respective clients served.



Medical Services

GLRC Medical Services are available to the general public and offered in Marquette and Chippewa Counties. These programs are staffed by a physicians and nurse practitioners who can provide medication assisted treatment along with treatment for general health conditions, preventative care, education on health topics and minor office procedures. GLRC providers have many specialties. Specialty services include MAT (Medication Assisted Treatment), treatment for Hepatitis C, and provision of Ostomy Care. Below are the Integrated Medical and MAT episodes of care numbers at each of GLRC's Medical Services locations during FY2023.

Marquette Outpatient

Integrated Medical: 756
MAT: 139

Sault Ste. Marie Outpatient

MAT: 192

Negaunee Integrated Care Clinic

Integrated Medical: 938
MAT: 163



Recovery Housing

With the addition of the Delta Recovery Residence in 2023, GLRC now facilitates six recovery residences within the Upper Peninsula. Recovery residences give clients a safe, recovery-oriented environment to begin their life of sobriety. In FY23, GLRC served a total of 274 individuals in the recovery residences which was an increase of 76% from the past year.



Ripple
Total: 17
Avg. Stay: 127



Kivela
Total: 29
Avg. Stay: 29



Anne's
Total: 21
Avg. Stay: 84



Gary's
Total: 18
Avg. Stay: 133



Sue B's
Total: 19
Avg. Stay: 40



Delta
Total: 4
Avg. Stay: 106

Adult Residential

	Adult Residential Services	Men's New Hope House	Women's New Hope House
Location	Marquette	Sault Ste. Marie	Sault Ste. Marie
Residential Clients	469	205	220
Detox Clients	158	53	46
Average Length of Stay (Days)	24	27	22
Average Age	43	42	43
Alcohol as Primary Drug of Choice	231 (49%)	104 (51%)	71 (32%)
Opioids as Primary Drug of Choice	61 (13%)	60 (29%)	34 (15%)
Meth as Primary Drug of Choice	140 (30%)	82 (40%)	88 (40%)

Adult Residential

With the opening of Teal Lake Residential in Negaunee, MI in 2023, GLRC now operates four residential treatment facilities for individuals with a substance use disorder. The two women's facilities are located in Negaunee and Sault Ste. Marie and the two men's facilities are in Marquette and Sault Ste. Marie. All locations also include a limited number of beds for clients who need detox services. In FY23, the number of residential clients increased in all facilities.

894 total clients

35% increase from FY22

246 detox clients



Teal Lake Residential

GLRC opened Teal Lake Residential in FY23. Located at our John Kivela Center, the facility offers residential services to women and their children up to age 11.

Adolescent Services Center

GLRC's Adolescent Services Center is a 16-bed residential treatment facility for youth between the ages of 12 and 17 with a substance use disorder, providing quality treatment and relapse-prevention services. Clients attend school on site, participate in two daily group therapy sessions and weekly individual and family therapy.



76 total clients

25% increase from FY22

Cannabis primary drug of choice

8 emergency shelter clients

Programs Offered

- Through Our Eyes
- Bridges
- Maple Syrup Project
- Weekly Art Sessions
- Educational Services
- Recreational Therapy



Child & Adolescent

Child & Adolescent Services are offered at a number of Outpatient Offices across the Upper Peninsula. Service areas include outpatient care, the Child & Adolescent Psychiatric Specialty Clinic, ESM Trauma Assessments, as well as foster care. Adolescent Outpatient Services provide specialized services to children and adolescents for the treatment of mental health, substance use disorder, and co-occurring disorders. A total of 141 clients, not including Foster Care, were served through our Child & Adolescent Specialty Services in FY23.



Foster Care

37 clients working towards licensure

110 recruitment events

96 recruitment events inquiries

84 retention events

176 GROW Pre-Licensure Training participants

13 1-855-MICKIDS phone line inquiries

Prevention Services

GLRC facilitates a variety of prevention programming throughout the Upper Peninsula, funded through various sources. This includes prevention courses and training as well as several Communities That Care (CTC) coalitions. The CTC's utilize an evidence-based prevention model which addresses risk factors for youth problem behavior and creates opportunities for youth to engage in the community. Through this work, GLRC strives to reduce the stigma around mental health and substance use. Currently, GLRC provides Prevention Services to 8 counties in the Upper Peninsula.

In FY23, the GLRC Prevention Services team trained over 141 community members on how to use Narcan and supplied them with kits. They also provided 90 Carter kits to law enforcement, EMS, schools, and libraries.

Participants Served

Botvin's Life Skills	768
Guiding Good Choices	74
Prime For Life	48
Question, Persuade, Refer ..	104
Voices	13
Catch My Breath	54
In Depth	12



OS Reentry

GLRC's OS Reentry Services program covers all 15 counties of the Upper Peninsula, also known as Region 1. In FY23, the MDOC has rebranded our program from Offender Success to OS Reentry Services and is making a big push to use more strength-based, person-first, non-stigmatizing language. Terms like offender, parolee, felon, etc. have been removed from contract language, documents, forms, and marketing materials. The program logo has also been updated. OS was also awarded a \$10,000 grant from the Bob Barker Foundation, which is being used to fund vocational training opportunities for our clients.

214 total clients

89 new admissions

40 average age



Clients Served

Supportive Housing	73
MSHDA Housing Vouchers	6
Health/Behavioral Health	7
Social Support	70
Clothing Assistance	26
Hygiene/Food Assistance	48
Full-Time Employment	21
Job Placement Rate	34.4

Contact Us



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www.glrc.org

