

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including: mental health services, residential and outpatient substance use programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery, and more.



## GLRC Mission

To empower recovery through hope and change

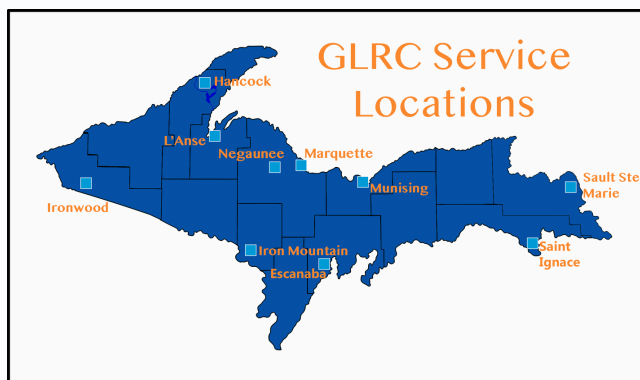
## Core Values

We value:

- care, respect, and empathy for all people
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable and trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

## Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (906)228-9696.



[www.greatlakesrecovery.org](http://www.greatlakesrecovery.org)



## Employee Assistance Program



Creating Healthy Communities  
One Person at a Time

# — Employee Assistance Program —

## What is the Employee Assistance Program?

The Employee Assistance Program (EAP) is a confidential counseling service available to you and your dependents. The EAP is provided by your employer as a prevention service designed to help you with personal problems before work performance is affected.

## What kind of services are covered?

EAP provides counseling for a wide variety of clients. Some of the problems covered by the EAP include, but are not limited to:

- Anxiety or depression
- Grief
- Life stressors or adjustment issues
- Marital/family issues
- Parenting support
- Problems at work
- Substance abuse

## Who is eligible?

All employees, their spouses, and their dependent children are eligible for four free sessions of Employee Assistance Program counseling.

## What is the cost?

EAP counseling with a Great Lakes Recovery Centers Counselor is paid by a contract with your employer. Up to four sessions of counseling through Great Lakes Recovery Centers is without charge to the employee. If additional counseling or referrals are needed those costs are the responsibility of the employee/client which can be billed to the client's health insurance.

## Who will know about services received?

Services are completely confidential between the client and their counselor unless the client agrees, in writing, to release information. This is a right protected by Federal Law. Exceptions such as when child abuse is involved are explained.

## Where can I access services?

EAP Services are offered in the Western Upper Peninsula at the following Outpatient Services offices: Hancock, Iron Mountain, Ironwood, and Ishpeming. Telehealth appointments are available at all locations with some locations also providing in-person services.

## How do I make an appointment?

Call the Great Lakes Recovery Centers Access Center at (906) 228-9696 and an Access Center Navigator will guide you through the scheduling process.

# Other Services

GLRC offers a wide variety of behavioral health services across our locations. Other services provided by the agency include:

## Foster Care

GLRC's MDHHS Regional Resource Team provides information about becoming a foster parent, supports current foster parents, and provides comprehensive training for those interested in becoming foster parents. For more information call (920) 517-8733.

## OS Reentry Services

GLRC works with returning parolees in the UP to assist with the transition back into the community through our program of resources and case management services. For more information call (906)458-0616

## Peer Recovery Services

Peer Recovery focuses on providing an environment where individuals who are living in recovery work with those who are currently receiving treatment for SUD. For more information go to [www.greatlakesrecovery.org/peer-recovery/](http://www.greatlakesrecovery.org/peer-recovery/).

## Prevention Services

GLRC facilitates both substance abuse and suicide prevention programming throughout the UP. Prevention Specialists go into the community to offer evidence-based programming to schools, courts, CPS, and businesses. For more information call (906) 458-2627.

## Residential Treatment

Clients in residential substance use treatment live in a therapeutic environment alongside other clients with 24-hour supervision and access to on-site clinicians. For more information call (906) 228-9696.

## Veterans Services

GLRC provides readjustment counseling services and a specialized group for veterans in the community. GLRC also works closely with the VA to provide homeless veterans with a place to stay. For more information call (906) 458-2347.