

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including: mental health services, residential and outpatient substance use programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery, and more.



## GLRC Mission

To empower recovery through hope and change

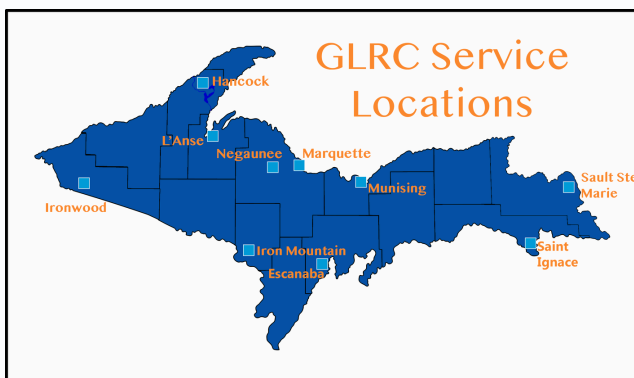
## Core Values

We value:

- care, respect, and empathy for all people
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable and trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

## Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (906)228-9696.



[www.greatlakesrecovery.org](http://www.greatlakesrecovery.org)



## Child & Adolescent Services



Creating Healthy Communities  
One Person at a Time

# Child & Adolescent Services

## Child & Adolescent Outpatient Services

Child and adolescent outpatient counseling is offered at a number of GLRC's Outpatient Services locations across the Upper Peninsula. Clinicians provide treatment of mental health disorders, substance use disorders, and co-occurring disorders.

Clinicians that work with children and adolescents are specialized in the treatment of childhood trauma and hold various specialty certifications in modalities such as Trauma-Focused Cognitive Behavioral Therapy, Intergenerational Trauma and Neuro-Developmental Trauma, Eye Movement Desensitization and Reprocessing (EMDR). Many clinicians also are Certified Advanced Alcohol and Drug Counselors.

## Child & Adolescent Psychiatric Specialty Clinic

GLRC established the Child & Adolescent Psychiatric Specialty Clinic to help address the unmet need for psychiatric mental health services for children and adolescents. GLRC has partnered with Pine Rest Christian Mental Health Services to provide psychiatric oversight. Effectively addressing adverse childhood experiences and mental health issues is vital for children so they can continue to grow and reach their full potential. The Child & Adolescent Psychiatric Specialty Clinic will help individuals utilize many different pathways to find their own personal path to healing. Services available through the clinic are: medication management, parent education, psychiatric evaluations, collaboration with community providers, and coordination of care

## ESM Trauma Assessments

GLRC, in partnership with EasterSeals MORC, provides comprehensive neuro-developmental trauma assessments for children and adolescents throughout the Upper Peninsula. This assessment model is designed to screen and assess for the impact that exposure to complex trauma or toxic stress has on a child or adolescent. This highly specialized program is designed for those children and adolescents who experience developmental delays as a result of traumatic experiences.

For more information contact Helena Kelly with EasterSeals MORC at (248) 475-6312 or [hkelly@eastersealsmorc.org](mailto:hkelly@eastersealsmorc.org)

## Adolescent Services Center

GLRC's Adolescent Services Center is a 16-bed residential treatment facility for youth ages 12 to 17 with substance use disorder. Clients reside in semi-private rooms, participate in many hours of therapy each day and take part in on-site schooling.

## Youth Over 14

Individuals seeking mental health treatment over the age of 14 are eligible under the Minor Confidentiality Agreement to be seen without parental consent a limited amount of time.

# Other Services

GLRC offers a wide variety of behavioral health services across our locations. Other services provided by the agency include:

## Foster Care

GLRC's MDHHS Regional Resource Team provides information about becoming a foster parent, supports current foster parents, and provides comprehensive training for those interested in becoming foster parents. For more information call (920) 517-8733.

## Medical Services

Medical Programs are staffed by physicians, nurse practitioners, and physician assistants who can provide medication assisted treatment along with treatment for health conditions, preventative care, education on health topics, and minor office procedures. For more information call (906) 228-9696.

## Prevention Services

GLRC facilitates both substance abuse and suicide prevention programming throughout the UP. Prevention Specialists go into the community to offer evidence-based programming to schools, courts, CPS, and businesses. For more information go to [www.greatlakesrecovery.org/prevention/](http://www.greatlakesrecovery.org/prevention/)

## Residential Treatment

Clients in residential substance use treatment live in a therapeutic environment alongside other clients with 24-hour supervision and access to on-site clinicians. For more information call (906) 228-9696

## Community Resources

- GLRC staff facilitate several Communities That Care (CTC) coalitions in the Upper Peninsula. CTC's welcome both youth and adult participation.
- GLRC's Foster Care program recruits, trains, and helps to retain foster families across the Upper Peninsula
- West End Suicide Prevention created LIVE to encourage self-care and compassion in our communities. The diverse group engages others in suicide prevention activities.