

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including: mental health services, residential and outpatient substance use programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery, and more.



## GLRC Mission

To empower recovery through hope and change

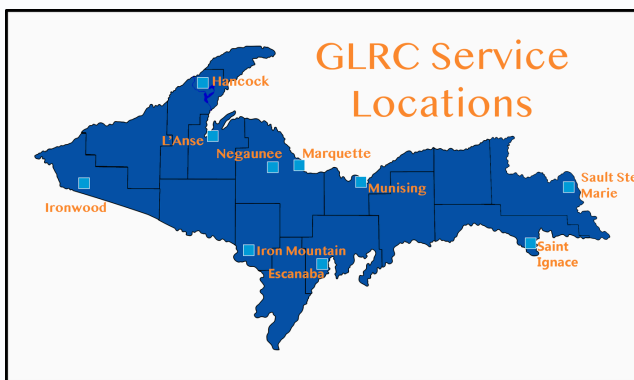
## Core Values

We value:

- care, respect, and empathy for all people
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable and trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

## Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (906)228-9696.



[www.greatlakesrecovery.org](http://www.greatlakesrecovery.org)



## Adolescent Services Center



Creating Healthy Communities  
One Person at a Time

# Adolescent Services Center

## Specialty Services

The Adolescent Services Center has provided quality substance abuse treatment and relapse-prevention services since 1980. Adolescent Services Center can accommodate up to 16 residents between the ages of 12 and 17 with Substance Use Disorder. Our home-like facility features semi-private living quarters, an onsite school with credit recovery options, recreational areas, a fitness room, a walking trail, Healing Circle, and sustainable gardening.

### Treatment Includes:

- A comprehensive clinical assessment, including substance abuse, physical & mental health, and risk assessment
- Relapse prevention programming, case management & transition planning services
- Individualized treatment planning
- Group, family, and individual therapy
- Diverse recreational & spiritual programs
- Trauma focused treatment on hand
- Various forms of therapeutic self expression to explore feelings, emotional conflicts, increase self awareness, and allow for healing

### Recreation

Our recreation programs encourage healthful living and positive leisure activities. Clients can participate in daily recreation therapy, our exercise facility, and outdoor seasonal activities such as: basketball, swimming, tennis, hiking, skiing, ice skating, snowshoeing, and sledding.

### Community Service

Weekly community service learning projects are conducted on site or in the local community. These projects will allow clients to fulfill their court related obligations during their stay at ASC. Projects range from working with senior citizens with special needs, building community gardens, reading to children in local day care centers and more.

### Education

We provide an on-site classroom to enable clients to continue their education while in treatment. A Certified Special Education Teacher is responsible for all lesson planning, teaching, and testing, as well as coordination with client's home district. Coordination of GED testing is also available when appropriate. During the treatment stay, weekly school reports are provided by the Teacher to the Primary Counselors documenting classroom performance. A Certified Teacher's Aid, along with a GLRC Counselor, assist in the classroom to allow for sufficient monitoring and individual support.

### Psychiatric Residential Treatment Facility

A Psychiatric Residential Treatment Facility (PRTF) is a non-hospital and non-secure facility offering intensive inpatient-like care for those who have Blue Cross Blue Shield insurance. Through the PRTF, GLRC is able to offer services that encompass the following:

- 12-17 year old males and females within our Adolescent Services Center.
- 24/7 residential care to adolescents whose mental health needs are not met in less restrictive settings.
- A structured and therapeutic environment.
- A combination of psychiatric evaluation and medication management, individual therapy, group therapy, family counseling, and a variety of recreational and expressive arts through the daily schedule.
- Clients are able to address school onsite.

Individual treatment plans are based around the child's needs.

The program uses nonviolent methods of managing aggressive behaviors and developing healthy coping skills.

The therapist will assist the child and family to identify ongoing aftercare needs in preparation for transitioning home from the PRTF program.

Child & Adolescent Psychiatric Clinic  
Provided in partnership with Pine Rest Christian Mental Health Services, the Child & Adolescent Psychiatric Clinic is geared towards children and teens with mild to moderate mental health concerns that require psychiatric care. Some of the services offered through the clinic include consultation, evaluation, and medication management. These services can be accessed in person at the Ishpeming Outpatient Clinic, although some services may be available via Telehealth.

### Adolescent Outpatient Services

Adolescent Outpatient Services are offered at various GLRC outpatient offices in the UP. The outpatient approach on recovery is less intensive than residential services, but offers a more flexible approach for those who need the freedom to attend school. Clients meet for individual and/or group sessions that focus on living life in recovery. For those leaving treatment, outpatient services can provide a smooth transition from treatment to home life. To schedule an outpatient appointment, contact the GLRC Access Center at (906) 228-9696.

### ESM Trauma Assessments

GLRC, in partnership with EasterSeals MORC, provides comprehensive neuro-developmental trauma assessment services to children and adolescents throughout the Upper Peninsula. This assessment model is designed to screen and assess for the impact that exposure to complex trauma or toxic stress has on a child. For more information contact Helena Kelly with EasterSeals MORC at (248) 475-6312 or hkelly@eastersealsmorc.org

